

Orthopaedic Physical Therapy Practice
Instructions to Authors

Christopher J. Hughes, PT, PhD, OCS, Editor
Sharon L. Klinski, Managing Editor

1. *Orthopaedic Physical Therapy Practice (OPTP)* will publish articles pertaining to clinical practice. Articles describing treatment techniques as well as case studies and reviews of literature are acceptable. Language and format of articles should be consistent with the *Guide to Physical Therapist Practice*.
2. Manuscripts should be reports of personal experiences and written as such. Though suggested reading lists are welcomed, references should otherwise be kept to a minimum with the exception of reviews of literature.
3. Manuscript Preparation Guidelines
Title Page - include the author's name, degree, title, place of work, corresponding address, phone and FAX numbers, and email address.

Format— text should be a minimum of 12 pages double-spaced, use a 12-point font; margins should be 1 inch on each side. Headings should be formatted as follows:

MAIN HEADING
Secondary Heading
Tertiary heading

Preparing a Reference List— references should be numbered sequentially as they appear in the text and should correspond to the superscript number in the text. Do not repeat the same reference using a different number in the reference list.

Journal Articles

16. Ferguson CT, Cherniack RM. Current concepts: management of COPD. *N Engl J Med*. 1993;328:1017-1022.
17. Rueben DB, Siu AL. An objective measure of physical function of elderly outpatients (The Physical Performance Test). *J Am Geriatr Soc*. 1990;38:1105-1112.

Books

18. Steindler A. *Kinesiology of the Human Body Under Normal and Pathological Conditions*. Springfield, Ill: Charles C. Thomas; 1995:63-64.

Abbreviate United States state and territory names as specified in the *American Medical Association Manual of Style*—NOT according to the United States Postal Service abbreviations.

Editor(s) as author:

19. Scully RM, Barnes ML, eds. *Physical Therapy*. Philadelphia, Pa: JB Lippincott Co; 1989:83-98.

Reference to part of a book:

20. Goodman CC. The endocrine and metabolic systems. IN: Goodman CC, Boissonault WG, eds. *Pathology: Implications for the Physical Therapist*. Philadelphia, Pa: WB Saunders; 1997.

Tables – provide tables to present information more clearly and concisely than if presented in the text. Table titles are usually written as phrases. They are capitalized in title case and do not employ terminal punctuation:

Table 1. Symptoms of Chronic Fatigue Syndrome

Figures – prepare as 5 x 7 black and white photographs, camera-ready artwork (eg, line drawings and graphs), or as professional-quality computer file images. A photo release form must accompany any photographs where patients may be seen. Figure legends may be phrases or complete sentences, capitalized in sentence case, and end with a period:

Figure 2. Kinesthetic testing using an electronic inclinometer.

4. Manuscripts are accepted by mail or electronically. Save your monograph to a 3 ½” IBM-compatible computer disk in Microsoft Word or plain text format. Provide 2 hard copies of the monograph. Protect any original photographs and artwork for shipment. The manuscript should be sent to:
Orthopaedic Physical Therapy Practice
ATTN: Managing Editor
2920 East Avenue South, Suite 200
La Crosse, WI 54601-7202
Tel: 800.444.3982 ext 202
FAX: 608.788.3965
Email: Sharon Klinski, Managing Editor at sklinski@orthopt.org and
Christopher Hughes, Editor at cjh@nauticom.net